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Summary of Health Canada Projects in the Northwest Territories

1997 - 1998

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Our mission is to help the people of Canada
maintain and improve their health.

Health Canada

Summary of Health Canada Projects in the Northwest Territories (1997-1998)
refers to projects funded through
the Health Promotion and Programs Branch,
Alberta/NWT Region

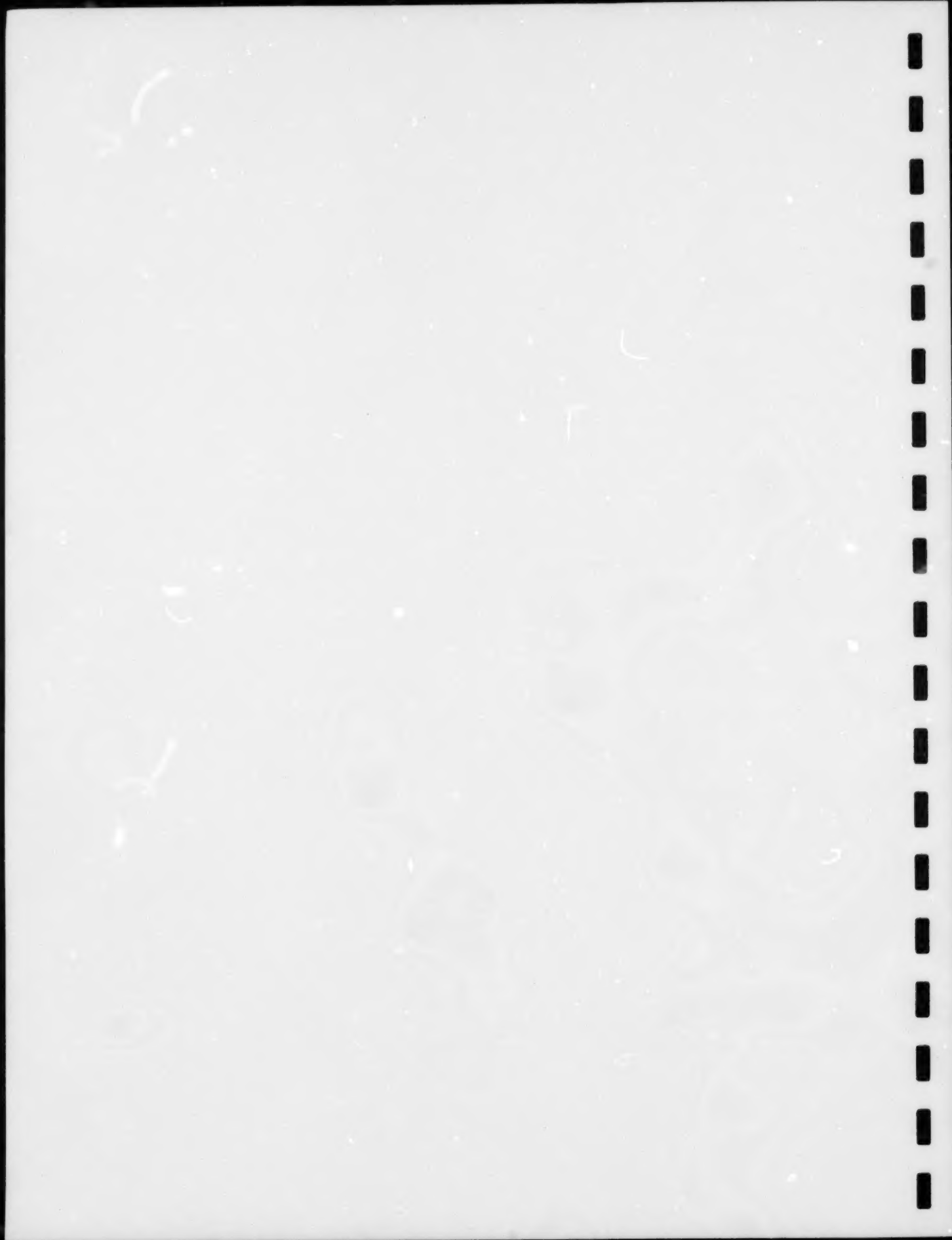
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INTRODUCTION

Health Canada's Health Promotion and Programs Branch (HPPB) for the Alberta/NWT Region was established in 1992. Our mandate is to deliver federal health promotion programs in Alberta and the Northwest Territories through working collaboratively with organizations in the government, non-government and private sectors.

A key strategic direction for HPPB is population health. This is an approach which addresses the entire range of factors that determine health. Population health strategies are designed to affect the health of an entire population, or significant sub-populations. The HPPB Alberta/NWT Region uses a life-cycle approach to program planning and delivery with support from research and social marketing in the development and implementation of health initiatives.

HPPB works collaboratively with the Department of Health and Social Services and the Department of Education, Culture and Employment of the Government of the Northwest Territories through a Joint Management Committee on Health Promotion. This ensures that federal health promotion programs continue to be implemented in a way which complements territorial government health promotion priorities and avoids overlap and duplication.

The purpose of this report is to provide a comprehensive resource describing all projects funded in the Northwest Territories by HPPB Alberta/NWT Region. The projects described in this report were initiated or ongoing during the period April 1, 1997 to March 31, 1998. Total amounts of funding for multi-year periods are not listed as this document seeks to offer a snapshot of community initiatives, who did them, and how much money was allocated for work during a single fiscal year.

For ease of reference, project summaries are categorized according to the federal health promotion program from which they received funding. This report provides a brief description of all programs administered by HPPB Alberta/NWT Region in the Northwest Territories, and includes financial and summary information for all the projects that received federal funding in the 1997-1998 fiscal year.

The population health approach continues to provide the framework to guide policy and program development in the Health Promotion and Programs Branch. It is within this context that the Alberta/NWT Region funded projects in the Northwest Territories during 1997/1998 under the following programs: the Aboriginal Head Start Initiative; the AIDS Community Action Program; the National AIDS Strategy Phase II; the Canada Prenatal Nutrition Program; the Community Action Program for Children; and the Population Health Fund.

The Region also administers the Community Animation Program (CAP) on behalf of Health Canada and Environment Canada. This program differs from those listed above in that it does not allocate funding through grants and contribution agreements. Instead these initiatives support local capacity-building and training initiatives in Alberta through contracts.

In particular, we would like to highlight some of the accomplishments of the Aboriginal Head Start Initiative (AHS). Projects in the Northwest Territories have experienced special growth and development this fiscal year. Buildings which house AHS programming have been constructed and remodelled to meet required standards. Community members have been involved in the design of culturally appropriate activities to support child development and school readiness, and our most important resource, the children themselves, have been building upon their talents and skills as the program unfolds.

Advisory Committees were established to assist HPPB with the implementation of AHS in western and eastern areas of the Canadian Arctic. Committees are composed of Aboriginal people representing federal community-based projects, HPPB program management and Government of the Northwest Territories representatives. During fiscal year 1997/1998, there were a total of thirteen Aboriginal Head Start projects in operation.

PROGRAM DESCRIPTIONS

Aboriginal Head Start Initiative (AHS)

Supports the development and implementation of community-driven and culturally appropriate programming designed to support healthy child development and school readiness.

AIDS Community Action Program, National AIDS Strategy, Phase II (ACAP)

Develops and strengthens the ability of community-based organizations to address their particular HIV/AIDS issues through targeted prevention education, health promotion for people living with HIV/AIDS, and creating supportive environments.

Canada Prenatal Nutrition Program (CPNP)

Helps community groups and organizations to address the needs of at-risk pregnant women, and to assist them in having healthier pregnancies and improving the health of their babies. The program focuses on mothers and infants up to 12 months postpartum.

Community Action Program for Children (CAPC)

Helps community groups and organizations address the health, educational, and developmental needs of children aged 0-6 years, while strengthening and supporting their families.

Community Animation Program (CAP)

Supports communities as they increase their capacity to act on issues involving health and the environment.

Population Health Fund (PHF)

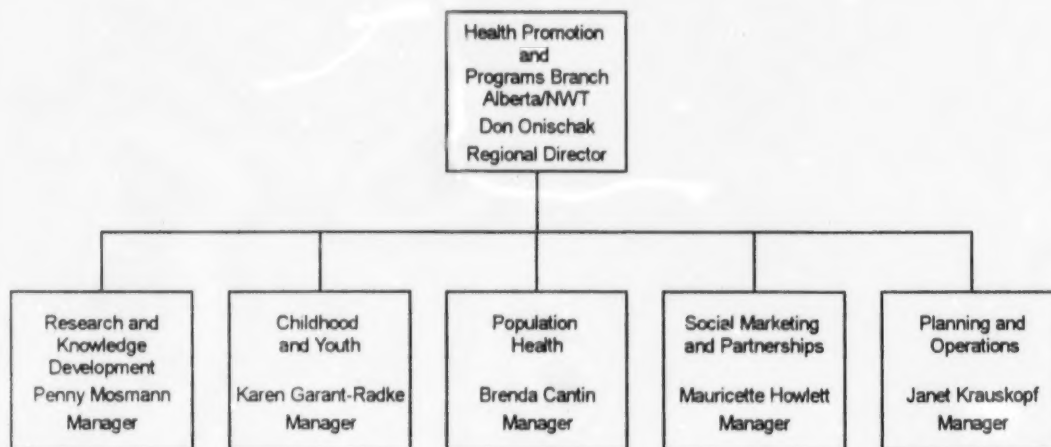
Increases community capacity for action on, and across, the determinants of health by supporting initiatives that facilitate joint planning and coordinated action across sectors.

ORGANIZATIONAL STRUCTURE

HPPB Alberta/NWT Region has developed an organizational structure to facilitate Health Canada's vision of a renewed health system based on a population health approach. This framework provides a broad, more holistic concept of well-being which addresses the wide range of determinants that affect our health, and supports comprehensive and coordinated action by the government, voluntary and private sectors.

The life cycle approach to population health addresses health as we move through three stages: childhood and youth, early to mid-adulthood, and later life. HPPB Alberta/NWT Region has established 5 Sections to carry out business within the population health framework, and to focus action on the health determinants within and across the life stages. These Sections are as follows:

- **Research and Knowledge Development** - information analysis, policy recommendations, models of practice, and federal/provincial/territorial relations.
- **Childhood and Youth** - program delivery within a population health framework addressing childhood and youth through the management of the Community Action Program for Children, Canada Prenatal Nutrition Program, and the Aboriginal Head Start Initiative.
- **Population Health** - program delivery within a population health framework focusing on early to mid-adulthood and later life through management of the Population Health Fund, the AIDS Community Action Program and the Community Animation Program.
- **Social Marketing and Partnerships** - population health marketing initiatives, development and enhancement of inter-sectoral partnerships, and electronic information management.
- **Planning and Operations** - organizational administration, planning, finance and quality standards.



FUTURE DIRECTIONS

The coming fiscal year represents a time of growth and development as we operationalize the population health approach into our ways of conducting business. We plan to build on the inter-sectoral links that we currently enjoy with provincial/territorial governments, community organizations, and the private sector, and develop new alliances. Overall, we will be placing greater emphasis on strategies which support the capacity to identify and take action upon health across jurisdictions.

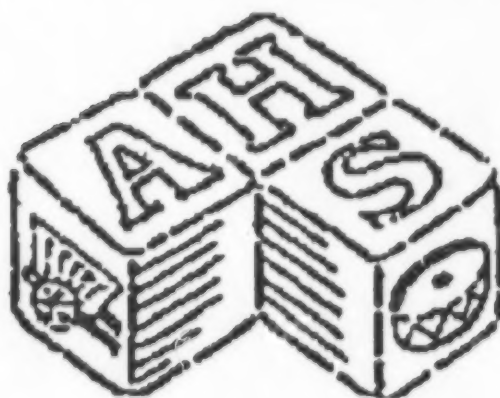
These new directions mean that we will maximize collaborative approaches to information management and dissemination through working closely with our inter-sectoral partners. Our work will also include consolidating information on best practices to support community well-being and on developing practical tools to measure health gains within our population.

FUNDING ALLOCATED PER FEDERAL HEALTH PROMOTION PROGRAM NWT Region 1997-1998

HPPB Program	Number of Projects	Funding
AHS	13	\$1,552,228.00
ACAP	5	\$156,800.00
CPNP	8	\$529,001.00
CAPC	7	\$835,147.00
CAP	3	\$74,918.00
PHF	2	\$100,000.00
Grand Total	38	\$3,248,094.00



**ABORIGINAL
HEAD
START
INITIATIVE**





AHS PROJECTS

PROJECT: Paulatuk Aboriginal Head Start - AHS

SPONSOR: Inuvialuit Social Development Program
Box 2000
Inuvik NT X0E 0T0
Tel: (867) 777-2737; Fax: (867) 777-2135

CONTRIBUTION: \$116,500.00

The program serves 16 Inuvialuit children aged 3-5 years, 5 days per week, in the community of Paulatuk. All program components are based on Inuvialuit language, culture, and spirituality. Elders, parents and extended families are closely involved in teaching, skill development, and program activities. A lunch program and daily snack provide sound nutrition. Parents are involved in food preparation and menu planning.

PROJECT: Tetlit Zheh Child Centre - AHS

SPONSOR: TI'oondih Healing Society
Box 30
Fort McPherson NT X0E 0J0
Tel: (867) 952-2330; Fax: (867) 952-2212

CONTRIBUTION: \$116,500.00

This Aboriginal Head Start project provides opportunities for children and their families to have their educational and developmental needs met. Sixteen children, aged 3-5 years, attend the program 3 to 5 hours per day, 4 days a week. Program staff consult with parents about the program activities. Elders teach and demonstrate Gwich'in language, arts and crafts, and traditional skills. A daily snack program meets nutritional standards while emphasizing traditional "country" food. Parents are involved in a Parent Support Group and assist daily in program activities.

PROJECT: Hay River Aboriginal Head Start - AHS

SPONSOR: Hay River Dene Reserve District Education Authority
Box 3055
Hay River Reserve NT X0E 1G4
Tel: (867) 874-6701; Fax: (867) 874-3678

CONTRIBUTION: \$112,500.00

This project provides a safe, nurturing environment for 16 pre-school children, aged 3-5 years. Program components include: parental involvement through skill development and participation in program activities; language and culture taught by elders, parents and community members; a nutritious lunch program emphasizing traditional "country" food, and immunization clinics. Field trips, sharing circles, music, and art are important program elements.

AHS PROJECTS

PROJECT: Salt River Aboriginal Head Start - AHS

SPONSOR: Salt River First Nation #195
Box 960
Fort Smith NT X0E 0P0
Tel: (867) 872-2986; Fax: (867) 872-3550

CONTRIBUTION: \$106,500.00

This Aboriginal Head Start project provides 16 children, aged 3-5 years with opportunities to enroll in a pre-school program that operates from September to June. All program components are sensitive to the cultural needs of children and their families. Parents and elders are involved in cultural events, arts and crafts, and outings on the land. The snack program meets nutritional standards, while emphasizing traditional "country" food. Parents actively volunteer in the program and have opportunities to participate in workshops.

PROJECT: Deh Gah Got'ie Aboriginal Head Start - AHS

SPONSOR: Deh Gah Got'ie Dene Council
General Delivery
Fort Providence NT X0E 0L0
Tel: (867) 699-3401; Fax: (867) 699-3210

CONTRIBUTION: \$106,918.00

This project is based on holistic learning where children learn Dene culture and values. In this program, parents and Elders actively participate in preparing traditional "country" food. Elders provide traditional teaching during morning sessions and participate in parent and child interactive activities. Parents also have opportunities to attend a variety of skill development programs.

PROJECT: Don Necha-Lia Gha Enitl'e Ko - AHS

SPONSOR: Yellowknives Dene First Nation
Box 2514
Yellowknife NT X1A 2P8
Tel: (867) 873-4307; Fax: (867) 873-5969

CONTRIBUTION: \$268,000.00

This Aboriginal Head Start project provides 32 children with a morning or afternoon pre-school program, 5 days per week for 10 months. Program components include instruction and hands-on activities focusing on Dene culture and the Dogrib language. Elders are involved in the program through story-telling and teaching traditional ways, arts and culture. Parents participate in program activities, including food preparation and planning. In addition, parents guide the development of this project through their participation on the Parent Advisory Council and Head Start Committee.

AHS PROJECTS

PROJECT: Igloolik Aboriginal Head Start - AHS

SPONSOR: Igloolik Community Education Council
Box 150
Igloolik NT X0A 0L0
Tel: (867) 934-8984; Fax: (867) 934-8779

CONTRIBUTION: \$157,578.00

This Aboriginal Head Start project provides a flexible child and family-centred approach that meets the needs of high risk children and their families in the community. High risk children are assessed in partnership with the health centre. Parents and Elders actively participate in daily program activities such as arts and crafts, trips out on the land, traditional games, story-telling and singing. Traditional "country" food enhances nutritional requirements and complements the daily snack program.

PROJECT: Arctic Bay Aboriginal Head Start - AHS

SPONSOR: Arctic Bay Health Committee
c/o Municipality of Arctic Bay
Box 150
Arctic Bay NT X0A 0A0
Tel: (867) 439-8843; Fax: (867) 439-8766

CONTRIBUTION: \$78,481.00

This project provides an opportunity for 16 at-risk children, aged 3-5 years, to attend a program that deals with the social, physical, and emotional development of the child. All program components are based on Inuit language and culture. Elders, parents, and extended families are closely involved in teaching, skill development, and hands-on program activities like arts and crafts, traditional games, and story-telling. In addition, both Elders and parents are involved in monthly planning meetings. A lunch program and a daily snack meet nutritional standards while emphasizing traditional "country" food.

PROJECT: Coral Harbour Aboriginal Head Start - AHS

SPONSOR: Coral Harbour District Education Authority
Box 129
Coral Harbour NT X0C 0C0
Tel: (867) 925-8637; Fax: (867) 925-9000

CONTRIBUTION: \$120,000.00

This Aboriginal Head Start project is available to 16 children, aged 3-5 years, 5 days per week for 10 months per year. Program content and activities reflect the Inuit language, traditions and values. Elders regularly visit the program to spend time teaching language and culture through story-telling, traditional games, and singing. Parents are involved in daily program activities, monthly planning and in parenting workshops. Program activities include day camping, dog team rides, and tundra walks. A daily snack program meets nutritional standards while emphasizing traditional "country" food.

AHS PROJECTS

PROJECT: Kugluktuk Aboriginal Head Start - AHS

SPONSOR: Kugluktuk District Education Council
General Delivery
Kugluktuk NT X0E 0E0
Tel: (867) 982-7220; Fax: (867) 982-3054

CONTRIBUTION: \$80,040.00

This project provides opportunities for children and their families to have their educational and developmental needs met. Sixteen children, aged 3-5 years, attend the program 3 to 5 hours per day, 4 days per week. In addition, the program is provided in home settings. Parents participate in the program through daily attendance, monthly planning meetings, and by joining the parent support group. Elders are encouraged to offer their knowledge and skills by sharing stories, songs, and skills, as well as by modelling language. A daily snack program meets nutritional standards while emphasizing traditional "country" food.

PROJECT: Gjoa Haven Aboriginal Head Start - AHS

SPONSOR: Gjoa Haven Community Education Council
General Delivery
Gjoa Haven NT X0E 1J0
Tel: (867) 360-7201; Fax: (867) 360-6204

CONTRIBUTION: \$80,000.00

This Aboriginal Head Start project is offered 5 days a week to children aged 3-5 years for 10 months of the year. Parents are encouraged to participate in program development, monthly workshops, and in program activities. Daily program activities are child-centred and activity-oriented and are carried out in both English and Inuktitut. Elders are involved through story-telling, sharing traditional games, and singing. A daily snack program meets nutritional standards while emphasizing traditional "country" food.

PROJECT: Taloyoak Aboriginal Head Start - AHS

SPONSOR: Taloyoak Community Education Council
Box 9
Taloyoak NT X0E 1B0
Tel: (867) 561-5181; Fax: (867) 561-5036

CONTRIBUTION: \$64,211.00

This project provides opportunities for at-risk children to attend a holistic program that involves parents as facilitators and role models. Through daily activities conducted in Inuktitut, the children learn of their cultural traditions and values. Elders participate in guiding the children through story-telling, sharing knowledge, and traditional games. A strong element of the program is parent participation with a focus on parenting skills, positive discipline practices, and "parents as first teachers". Parents are also involved in program planning and evaluation. A daily snack program meets nutritional standards while emphasizing traditional "country" food.

AHS PROJECTS

PROJECT: Arviat Aboriginal Head Start - AHS

SPONSOR: Arviat Community Education Council
c/o Bag 1000
Arviat NT X0C 0E0
Tel: (867) 857-2817; Fax: (867) 857-2622

CONTRIBUTION: \$145,000.00

This Aboriginal Head Start project includes four integrated components: universal access, holistic family involvement, a community team approach, and culturally based programming. Through program activities, children aged 3-5 years learn how traditional values can be applied to everyday life in a learning atmosphere that builds interpersonal skills and self-esteem. Parents become pro-active in their children's education through involvement in the program and by follow-up activities in the home. Parenting courses and family support groups are also available. Elders are involved in daily program activities through story-telling, sharing traditional games, and singing. A daily snack program meets nutritional standards, while emphasizing traditional "country" food.



AIDS Community Action Program



ACAP PROJECTS

PROJECT: Ingamo Hall AIDS Awareness Project - ACAP

SPONSOR: Ingamo Hall Friendship Centre
Box 1293
Inuvik NT X0E 0T0
Tel: (867) 777-2166; Fax: (867) 777-2837

GRANT: \$45,000.00

The goal of this project is to educate youth 12-14 years of age in the western Arctic about HIV/AIDS and to strengthen their capacity to make safer choices. A coalition representing a broad variety of agencies will be established in order to provide input and guidance throughout the project while refining service options to better meet the needs of youth in this community.

PROJECT: Iqaluit HIV/AIDS Outreach Project, Phase II - ACAP

SPONSOR: Canadian Mental Health Association, Baffin Branch
Sailivik Centre
Box 1492
Iqaluit NT X0A 0H0
Tel: (867) 979-7657; Fax: (867) 979-7659

GRANT: \$9,800.00

The project continues to develop and implement prevention and education activities, including the development of supportive initiatives such as counselling for individuals and families directly affected by HIV/AIDS. Emphasis is given to the development of resources and activities which are culturally and linguistically sensitive to the Inuit target population. An HIV/AIDS Youth Conference will also be organized.

PROJECT: Building Community Networks: Phase II - ACAP

SPONSOR: AIDS Yellowknife
5103 51 Avenue
Box 864
Yellowknife NT X1A 2N6
Tel: (867) 873-2626; Fax: (867) 873-2626

CONTRIBUTION: \$75,000.00

Project goals focus on the coordination and implementation of prevention education activities through a project coordinator and the development and delivery of "train-the-trainer" modules to produce qualified facilitators from a variety of agencies and targeted groups.

ACAP PROJECTS

PROJECT: HIV/AIDS Awareness in Denendeh - ACAP

SPONSOR: Denendeh National Office
Box 2338
Yellowknife NWT X1A 2P7
Tel: (867) 873-4081; Fax: (867) 920-2254

GRANT: \$19,000.00

The goal of this project is to organize a "train-the-trainer" workshop for representatives from each Dene region. Participants thus learn how to facilitate HIV/AIDS workshops in their own communities, and to develop strategies to provide needed services and prevention education on an on-going basis.

PROJECT: Native Women's HIV/AIDS Workshop - ACAP

SPONSOR: Native Women's Association of the NWT
Box 2321
Yellowknife NT X1A 2P7
Tel: (867) 873-5509; Fax: (867) 873-3152

GRANT: \$8,000.00

The focus of this initiative was a 2 day educational workshop to promote awareness of HIV/AIDS prevention by: confronting the kinds of attitudes that may exist towards those infected, explaining the actual biological effects of the disease, and examining the different types of care that are required. Upon completion of the workshop, participants returned to their communities prepared to share these learnings by facilitating workshops locally.

Canada Prenatal Nutrition Program



CPNP PROJECTS

PROJECT: Inuvik Healthy Babies - CPNP

SPONSOR: Inuvik Regional Health Board
Bag Service #2
Inuvik NT X0E 0T0
Tel: (867) 777-2955 EXT. 120; FAX: (867) 777-2443

FUNDING: No additional dollars for FY 1997-1998
(Time extension given to complete activities)

A regional nutritionist and public health nurse have primary responsibility for project activities which focus on improving nutrition and providing relevant prenatal health information to the target group. Areas covered include nutrition, pregnancy and birth, breastfeeding, early childhood care, drugs, alcohol and tobacco. Activities include counselling, videos, guest lectures, grocery tours, skill development in budgeting, meal planning and traditional cooking through a community kitchen. The Inuvik Healthy Babies project does group cooking and education classes. The goal of these classes is to increase knowledge and awareness of prenatal health and nutrition. The program also provides food supplements, referrals to appropriate agencies, and home visits where needed.

PROJECT: "Our Babies Our Future" Prenatal Nutrition Program - CPNP

SPONSOR: Fort Smith Health Centre
Box 1080
Fort Smith NT X0E 0P0
Tel: (867) 872-2713; Fax: (867) 872-2619

CONTRIBUTION: \$29,950.00

This program is designed to improve the health of mothers and infants through promotion of good nutrition and breastfeeding. This comprehensive and participatory program reaches out, in particular, to pregnant teens. The program seeks to collaborate with pregnant women in determining their needs and to collaborate with community groups and individuals in delivering prenatal health information through interactive lessons, which include activities for improving nutrition. Areas covered include labour and delivery, parenting, nutrition, purchase of foods, safe food handling and preparation, budgeting, breastfeeding, and infant care. Activities include guest speakers, videos and cooking classes. A significant objective of the program is to organize lesson plans into a curriculum and arrange for the curriculum to be a credited high school course.

CPNP PROJECTS

PROJECT: **Healthy Start Prenatal Nutrition Project - CPNP**

SPONSOR: **Kitikmeot Regional Health Board**
 General Delivery
 Taloyoak NT X0E 1B0
 Tel: (867) 561-5711; Fax: (867) 561-6906

CONTRIBUTION: **\$84,593.00**

The Taloyoak project enhances an existing extended maternal child health project in the community with a culturally sensitive prenatal nutrition component. The project is developed within a community wellness framework which responds to the needs expressed by the community. Guidance and support are provided by the community health centre in partnership with a steering committee of local Inuit women and Elders. Objectives of the project are to ensure stable access to nutritious foods throughout the duration of pregnancy, to provide nutrition education, and to enhance food purchasing and budgeting skills. Project activities include individual support for pre/postnatal women and their families, increased support for breastfeeding mothers, and the development of a school-based education program involving youth and prospective parents. Project clients are provided with food vouchers to exchange for store-bought foods as well as country meat and fish from local hunters who then exchange the vouchers for gasoline. This in turn, facilitates more hunting and increases the availability of country food for the community.

PROJECT: **Baffin Prenatal Nutrition Program - CPNP**

SPONSOR: **Baffin Prenatal Nutrition Program**
 Bag 200
 Iqaluit NT X0A 0H0
 Tel: (867) 979-5306; Fax: (867) 979-4830

CONTRIBUTION: **\$7,733.00**

Most women in the Baffin Region come to Iqaluit to have their babies. The target population for this program thus includes women from these outlying communities who come to Iqaluit to give birth. The goal of the project is to increase mental, physical, and spiritual health of pregnant women at-risk, using both traditional and non-traditional ways of teaching. The program objectives include the development of a supportive learning environment based on the needs and desires of the participants. Guest speakers and videos, a network of peer and community support for participants from communities outside Iqaluit, and the development of additional community-based prenatal programs throughout the Baffin Region are also used. Budgeting, shopping and cooking skills are developed among the participants through collective preparation of nutritious, economical meals utilizing both traditional and non-traditional foods.

CPNP PROJECTS

PROJECT: Baker Lake Prenatal Nutrition Pilot Project - CPNP

SPONSOR: Baker Lake Hospice Society
Box 8
Baker Lake NT X0C 0A0
Tel: (867) 793-2626 ; Fax: (867) 793-2626

CONTRIBUTION: \$120,463.00

This project consists of three integrated phases. The first phase (community development) promoted partnerships between community agencies, parents and families to improve prenatal health. This increased community awareness of pregnancy risk factors and non-institutional health resources as well as identifying specific local resources. The second phase was to recruit and train program staff, and to develop the participant recruitment strategy and program component. The third phase was the implementation of program activities and the fostering of community partnerships. Program components included education and practical skills development through activities such as nutrition counselling/education, prenatal classes, breastfeeding promotion, baby feeding sessions, and weekly cooking classes with food supplements. The primary goal has been to improve the basic nutrition of local expectant women who are at-risk and thus support them in having healthy pregnancies and healthy newborn babies.

PROJECT: Healthy Baby Club (Pre and Postnatal Program) - CPNP

SPONSOR: Yellowknife Women's Society
5020 47 Street
Yellowknife NT X1A 1N1
Tel: (867) 873-9131; Fax: (867) 873-5939

CONTRIBUTION: \$200,570.00

This prenatal nutrition project consists of a food supplementation component to address the nutritional needs of high risk pregnant women and various health promotion programs to facilitate their lifestyle awareness. Clients are involved in knowledge and skill development around issues such as food budgeting, shopping, menu planning, and meal preparation. The health promotion programs address issues such as pre/postnatal care, labour and delivery, breastfeeding, nutrition, alcohol and drug abuse, smoking, and other lifestyle factors pre/post-conception.

PROJECT: Sa Naeah Prenatal Program - CPNP

SPONSOR: Deh Cho Society Friendship Centre
Box 538
Fort Simpson NT X0E 0N0
Tel: (867) 659-3215; Fax: (867) 695-3126

CONTRIBUTION: \$65,692.00

The Sa Naeah Prenatal Program focuses on increasing awareness of prenatal risk factors, and identifying local supports and resources. It also works with local businesses to promote and provide nutritious food. The program includes lifestyle and nutrition counselling; referrals to and from appropriate health and social agencies; and cooking and nutritional sessions with emphasis on traditional foods. The program also offers well baby days with guest speakers at the public health clinic, support, information, nutritious snacks at weekly prenatal clinics, home visits and food supplements.

CPNP PROJECTS

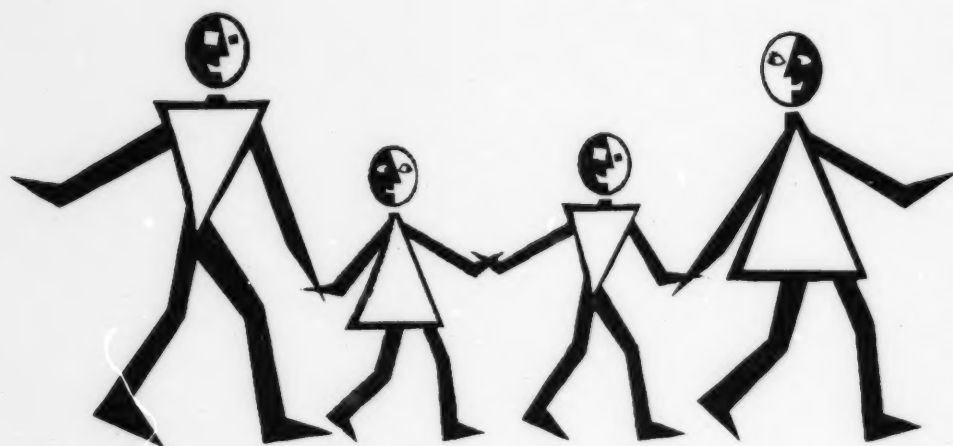
PROJECT: Growing Together - CPNP

SPONSOR: Hay River Metis Nation, Local 51
Suite 1, 8 Gasnier
Hay River NT X0E 1G1
Tel: (867) 874-6671; Fax: (867) 874-6888

CONTRIBUTION: \$20,000.00

Funds for this project facilitate a comprehensive Community Wellness Planning Initiative for Hay River. The community has identified early childhood development as a priority. Support is provided in the area of prenatal education and awareness, with a focus on children and families at-risk. Issues identified by the community include: poor prenatal nutrition, teenage pregnancies and the implications of pre/postnatal health, alcohol and substance abuse among expectant mothers, support for new parents, budgeting and cooking skills, infant nutrition, high risk pregnancies and infant care. There is a particular focus on breastfeeding support and information.

Community Action Program for Children



CAPC PROJECTS

PROJECT: A Toy Lending Library - CAPC

SPONSOR: Yellowknife Catholic Schools
Box 1830
Yellowknife NT X1A 2P4
Tel: (867) 873-3572; Fax: (867) 873-2701

CONTRIBUTION: \$159,300.00

The objective of the toy lending library is to provide young children with the opportunity to play with others and to have exposure to educational toys, while increasing parental awareness of how they can participate in their child's development. It also provides opportunities for caregivers to identify children at-risk and to make special needs toys and books accessible to parents who otherwise may be unable to afford them. Workshops for parents are offered on a variety of topics.

PROJECT: Child and Youth Counselling Department - CAPC

SPONSOR: Women's Resource Centre
Box 4413
Hay River NT X0E 1G3
Tel: (867) 874-3311; Fax: (867) 874-3252

CONTRIBUTION: \$122,000.00

By enlarging the availability of child care advocate workers, the Centre's goal is to offer quality programs and services to children who use the resources of the Centre and to children in the community at-large. As well as providing counselling services to children staying at the shelter, the advocates also offer continuous follow-up and support to children and parents in the school environment. Educational programs focusing on parenting skills constitute a core element of the services.

PROJECT: Support for FAS Children and Their Families - CAPC

SPONSOR: Yellowknife Association for Community Living
Box 981
Yellowknife NT X1A 2N7
Tel: (867) 920-2644; Fax: (867) 920-2348

CONTRIBUTION: \$166,690.00

This project promotes the health and social/intellectual development of children with developmental disabilities associated with Fetal Alcohol Syndrome and Fetal Alcohol Effect. The intent is to promote understanding, education, and community action around the prevention of FAS/FAE and to facilitate the development of an effective community-based support system. Audio-visual materials and other resources are developed to promote the prevention of FAS/FAE and to support families who are dealing with this issue.

CAPC PROJECTS

PROJECT: Early Start - CAPC

SPONSOR: Open Door Society
Box 376
Fort Simpson NT X0E 0N0
Tel: (867) 695-3815; Fax: (867) 695-2920

CONTRIBUTION: \$124,915.00

The goals of the program are to develop a community-based early intervention program which reaches at-risk pre-school children and their parents. The program provides ongoing preventive activity-based intervention for children with medical histories that place them at risk for developmental delays or potential learning disabilities. The program enhances the intellectual, social, and physical development of children, while strengthening and supporting the whole family. The program staff also work with parents to extend the program to homes and provide assistance on parenting issues.

PROJECT: Small Steps Program - CAPC

SPONSOR: Arviat District Education Authority
Box 180
Arviat NT X0C 0E0
Tel: (867) 857-2885; Fax: (867) 857-2622

CONTRIBUTION: \$38,402.00

The goal of the Small Steps Program is to develop a pre-school intervention program which provides holistic intervention strategies for children at-risk in Arviat and to improve parenting skills in the community. Under the supervision of the school principal and the inter-agency team, an intervention worker develops early childhood intervention plans for each child in consultation with agencies, parents, and student support teachers. The close proximity of the intervention program with the daycare and the school allows for modelling of parent/child interaction and provides resource-sharing opportunities.

PROJECT: Promoting Healthy Children Through Family Well-Being:
A Healing Approach for Dene Families - CAPC

SPONSOR: Dene Cultural Institute
Box 570
Hay River NT X0E 0R0
Tel: (867) 874-8480; Fax: (867) 874-3867

CONTRIBUTION: \$173,020.00

The goal of the healing project is to help Dene children have healthier and happier childhoods by increasing their families' ability to eliminate and deal with the effects of alcoholism, violence, child sexual abuse, and other intergenerational dysfunctions in the home. This is done by providing mobile healing workshops, upon request, to Dene communities in the Western Arctic. The workshops are experiential, participant-driven, and culturally appropriate. Workshops cover areas such as FAS/FAE, anger management, parenting skills, communication skills, spousal abuse, sexual abuse, grieving, and relationships. These workshops are developed with input from the community and are specific to the needs of the community. The promotion of health and social development within the context of community healing is the vision that directs the program. The overall mission is to support the re-building of families and communities.

CAPC PROJECTS

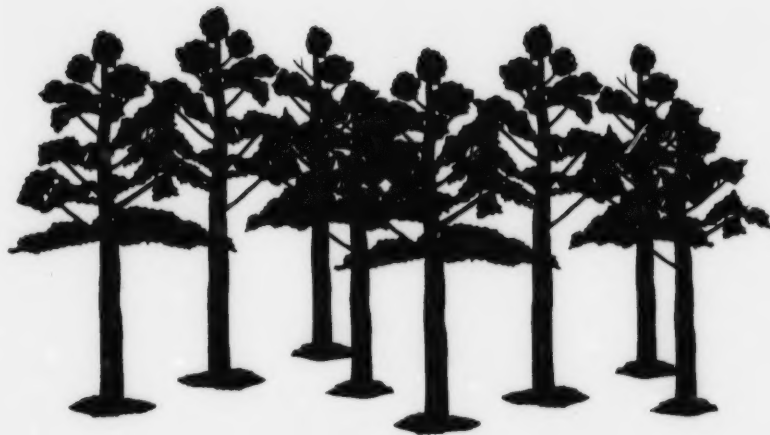
PROJECT: Gameti Early Intervention Program - CAPC

SPONSOR: Dogrib Divisional Board of Education and
Community Services Board
Bag #1
Rae Edzo NT X0E 0Y0
Tel: (867) 371-3700; Fax: (867) 371-3053

CONTRIBUTION: \$50,820.00

This early intervention program will work in partnership with the Gameti Band to establish a licensed child centre for 3-4 year old community children as a way to promote knowledge and skill development for both children and their parents. The Centre will also provide student teacher training, and programming will be both developmentally and culturally appropriate. All of these elements will help ensure the child's social, emotional, verbal, intellectual, and physical readiness for kindergarten.

Community Animation Program





CAP INITIATIVES

INITIATIVE: Elders Traditional Science Video - CAP

SPONSOR: Dene Nation
Box 2338
Yellowknife NT X1A 2P7
Tel: (867) 873-4081; Fax: (867) 920-2254

CONTRACT: \$25,920.00

This initiative uses video footage from the CAP funded Elders' traditional workshop to develop a tool for knowledge dissemination. This tool shares information developed about health in general, the links between human health and the environment, and Elders' traditional knowledge. The video is especially useful for scientists wishing to understand and work with Northern Aboriginal people.

INITIATIVE: Kaleidoscope Forum (travel Eastern Arctic) - CAP

SPONSOR: Storefront for Volunteer Agencies
Suite A, 5103 51 Avenue
Yellowknife NT X1A 2N6
Tel: (867) 873-2079; Fax: (867) 873-5939

CONTRACT: \$24,499.00

This initiative supports the 1998 CAP Sustainability Forum called "Turning the Kaleidoscope" and ensures that participants' travel costs from the Eastern Arctic are covered. The forum provides the opportunity for people from a variety of settings to share ideas on common goals, practices, and opportunities for action to sustain healthy environments, cities, and lifestyles.

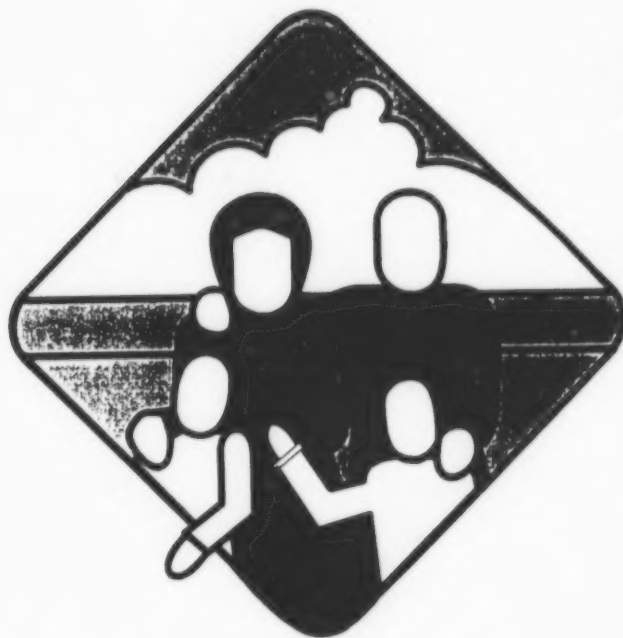
INITIATIVE: Kaleidoscope Forum (travel Western Arctic) - CAP

SPONSOR: AIDS Yellowknife
Suite A, 5103 51 Avenue
Yellowknife NT X1A 2N6
Tel: (867) 873-2626; Fax: (867) 873-9195

CONTRACT: \$24,499.00

This initiative supports the 1998 CAP Sustainability Forum called "Turning the Kaleidoscope" and ensures that participants' travel costs from the Western Arctic are covered. The forum provides the opportunity for people from a variety of settings to share ideas on common goals, practices, and opportunities for action to sustain healthy environments, cities, and lifestyles.

Population Health Fund



PHF PROJECTS

PROJECT: **Distributed Learning Support -
Child and Family Support Development - PHF**

SPONSOR: **Aurora College
Box 600
Fort Smith NT X0E 0P0
Tel: (867) 872-7597; Fax: (867) 872-5024**

CONTRIBUTION: **\$50,000.00**

The goal of this project is to develop "distributed learning" materials and expertise toward increasing access to training and development for professionals working with children up to age 6. Two "distributed learning" modules will be developed and on-site tutors/mentors will be trained. In addition, the project will research and further develop "distributed learning" strategies and develop a one-week workshop which will strengthen tutors' skills.

PROJECT: **Population Health Strategy in the Northwest Territories - PHF**

SPONSOR: **Canadian Public Health Association, NWT Branch
Box 1709
Yellowknife NT X1A 2P3
Tel: (867) 873-8654; Fax: (867) 873-9915**

GRANT: **\$50,000.00**

This project seeks to bring together at regional levels, a cross-section of government, Aboriginal, non-profit and business groups to consult on information that currently exists on the determinants of health. This process will provide an opportunity to develop a consensus of commonly shared views and understandings about population health. A report of findings will be compiled and disseminated to the partners and key stakeholders of the project.

Health Promotion and Programs Branch Alberta/NWT Region

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Karen Garant-Radke	Manager, Childhood and Youth	292-6691
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- Alcohol and Other Drugs
- Breast Cancer
- Cervical Cancer
- Childhood and Youth
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- Comprehensive School Health
- Diabetes
- Family Violence Prevention
- Fitness
- HIV/AIDS
- Health Care
- Health Promotion Development
- Healthy Environment
- Heart Health/Heart Health Kit
- Hypertension
- Mental Health
- NHRDP
- Nutrition
- Population Health Development
- Preventive Practices
- Sexual Reproductive Health
- Social Marketing
- Tobacco Reduction
- Workplace Health

For further information about the projects
in this book, please contact:

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Alberta/Northwest Territories Region
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